

Link launches the 'Lok Fu Market 2nd Anniversary Food Fest'

Date: Every Tuesday and Saturday from 14 November to 5 December 2015

Venue: Lok Fu Market

Crazy \$2 Offer



Every Tuesday, over 6,000 items of premium food products and seafood will be offered for the very first time at an exceptionally low price of \$2 each. Items include abalone, Chinese Mitten Crab, oysters, red wine and many more shoppers' favourites. More food offers are also available throughout the day.

Date: 17 & 24 November and 1 December 2015

Time: 1pm onward

Exclusive Yummy Bites

Special food kiosks will be set up at the Lok Fu Market Food Fest offering unique yummy bites tailor-made and exclusive to shoppers. Spending HK\$30* at the Lok Fu Market or Lok Fu Bazaar will redeem one food voucher.

Food Voucher Redemption

Date: 8 November – 5 December 2015

Time: 10am – 6pm

Venue: Customer Service Counter at Lok Fu Market (100 quota on a first-come-first-serve basis)

Food Kiosks Operation Hours

Date: 14, 21 and 28 November and 5 December 2015

Time: 2pm – 6pm

*Terms & condition applied

	<p>Pizza Cone with Purple Mashed Potato and Stuffed with Shrimps and Mushroom Healthy benefits of purple potato: Good for eyes and helps digestion</p>
	<p>Galaxy Soda with Lychee and Lavender Flavour (left) Galaxy Drink with Rose Petals and Lychee Flavour (right) Healthy benefits of soda: Good for the digestion and skin</p>
	<p>Cherry Blossom Hotdog Replaces the hotdog sausage with marshmallow, uses less cheese and adds a crunchy cereal topping for a healthier snack.</p>
	<p>Fresh Fruit Glutinous Rice Cake Fruit is full of vitamins and a healthy treat.</p>
	<p>Rose & Strawberry Flavoured Honey (left) Pineapple & Sweet Osmanthus Flavoured Honey (right) Honey and rose are good for the skin. Osmanthus soothes the throat.</p>

Cooking Demonstration



Celebrity Chef Paul Wong, Cloudland Chinese Cuisine Executive Chef, and Chef Mabel Ho are invited to showcase their culinary skills and share healthy cooking tips together with cooking demonstration by representatives of Chinese Culinary Institute (CCI), Hong Kong Hospitality & Tourism Academy (HKHTA), and International Culinary Institute (ICI).

Date : 14, 21 and 28 November and 5 December 2015

Time : 3pm – 4:15pm

Time Schedule

Date	Time	Representative(s)	Content
14 Nov 2015	3:00pm – 3:30pm	Mabel Ho	Cooking Demo
	3:45 pm –4:15pm	CCI	Rainbow Noodles Making-of
21 Nov 2015	2:30pm – 3:00pm	Market Ambassador	Cooking Demo
	4:30pm – 5:00pm		
	3:00pm – 3:30pm	Mabel Ho	Cooking Demo
28 Nov 2015	3:45 pm –4:15pm	HKHTA	Cocktail Making-of
	3:00pm – 3:30pm	Paul Wong	Cooking Demo
	3:45 pm –4:15pm	HKHTA	Wine Pairing Tutorial
5 Dec 2015	2:30pm – 3:00pm	Market Ambassador	Cooking Demo
	4:30pm – 5:00pm		
	3:00pm – 3:30pm	Paul Wong	Cooking Demo
	3:45 pm –4:15pm	ICI	Éclair Making-of

24 Solar Terms Cooking Demonstration



Market Ambassadors of Lok Fu Market demonstrate the latest 24 solar terms recipes for the season developed by acclaimed chef Ricky Cheung and Professor Albert Leung, Director and Professor, School of Chinese Medicine.

Date : 21 November and 5 December 2015

Time : 2:30pm & 4:30pm

Game & Premium Redemption

Spend HK\$50* or above at Lok Fu Market or Lok Fu Bazaar may redeem a food voucher and play the game once. Spend HK\$300* within a week may redeem limited edition vacuum flask!

Vacuum Flask Redemption

Date : 8 November – 5 December 2015

Time : 10am – 6pm

Venue: Customer Service Counter at Lok Fu Market
(100 quota on a first-come-first-serve basis)

Game Booth

Date : 14, 21 and 28 November and 5 December 2015

Time : 2pm – 6pm



*Terms & Condition applied. Please refer to posters for details